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Dear Organiser,

****Glentress Trail Races - Important Event Update****

Please note Half Marathon and Marathon runners will need to be carrying the following **COMPULSORY KIT** on Saturday. Due to the recent snow storms and heavy rain/strong winds predicted for the event. Your safety is our number one concern so we are making the following kit compulsory to all participants.

- Hooded waterproof jacket
- Full length pants
- Warm Hat
- Gloves
- Foil Blanket

Each participant will be checked on the day for these items. If anyone is found not carrying these items you will not be allowed to start the race.

Aid Station update: We may be unable to have the feed/hydration station on the 42k/21k course at GR 273 433. This will either not be on the course at all or at a different location, depending on the snow level. This will be clearly indicated at registration on the day. It is important that you carry sufficient personal nutrition & drinks with you for the full route & do not rely on the aid station .

Any questions on the day please queue at the information point located in the cafe, NOT the race number collection point.

Further event updates will be posted on our Facebook page and website.

We look forward to welcoming you all to Glentress on Saturday.

Kind Regards

Paul

All enquiries regarding this email should be directed to info@highterrainevents.co.uk

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